A MESSAGE FROM THE City Council

Happy New Year, and welcome to 2023. Your Palmdale City Council has a few new faces, and we are excited to come together and begin working for Palmdale’s future. Thank you to all who voted, and we encourage everyone to engage with us as your City’s representatives. Only through your civic engagement can we fully understand and meet the needs of our entire community.

Moving into the new year, our residents will see important projects improving our streets, bike lanes, and sidewalks. The Avenue R corridor project has taken time and community input to develop, and we are glad to see these improvements coming this year. We have worked hard to acquire the funding to improve access, functionality, and safe routes to parks and schools. This year will also see the revitalization of Courson Park, a state grant funded project.

We start this year as an independent energy provider for our residents through Energy for Palmdale’s Independent Choice (EPIC). We will begin offering energy services to Palmdale businesses starting in March. Our goal is to see your energy costs improve as we work toward sustainability. We begin 2023 with a new General Plan, providing a guide for the next 25 years. The zoning defined by the General Plan gives residents and businesses guidance on where and how our City plans to grow and allows us to do so in a progressive way. We want to add value while preserving what makes Palmdale a place to call home. The new Health and Wellness Zones in the General Plan will give our citizens more access to physical activity by allowing businesses to bring services to our community faster and more strategically. Additionally, our latest housing element meets state housing requirements and provides an eight-year guide to developing affordable options for all who choose to work and live here.

We are excited about ushering in a new era for Palmdale, and we look forward to working together to create a bright future for our City.
LETTER FROM THE INTERIM
City Manager

Dear Residents,

I want to extend a special welcome to our new and returning Council members. This year our Council added an additional district seat, expanding our citizen representation to five Council districts. Our primary purpose will not change; we will continue to serve our citizens, and we look forward to what 2023 has in store for our City.

Immediately we are focused on the future, setting goals and moving into the first quarter. I will work with staff to ensure that the City moves forward as we define our path for the next four years. As you may know, Palmdale’s 25-year vision is part of our newly adopted General Plan; we plan to highlight those updates in the months ahead. Zoning updates will help us move forward faster with new and innovative ideas for our community. Healthcare, housing, and industry — specifically the film industry — will expand opportunities for our citizens, local businesses, and the Antelope Valley.

In 2023 the City will have significant growth opportunities, including the specialized housing vision represented in the SOS Children’s Village. I am incredibly excited about seeing a new SAVES location that will better serve our most vulnerable families. We will continue investing in our existing infrastructure with projects along the Avenue R corridor, and downtown. Avenue R is one of our primary thoroughfares; we have designed improvements that center around safety, access, and functionality which will improve the quality of life within our community; see page 7 for more information.

Our organization also plans to refresh and update our branding. The City wants to be more connected with our residents. Our brand focus will be people-centric, and our logos, graphics, and media products will reflect our new direction. I want everyone to understand why Palmdale is exceptional, and a solid brand will highlight our strengths and help us grow.

Great opportunities are ahead for the City of Palmdale, and I look forward to working with the Council, our community, and our dedicated staff.

Sincerely,

Ronda Perez
Interim City Manager

Helping Palmdale Plan for Future Housing Needs

The City and Palmdale School District are exploring opportunities to facilitate a shovel-ready housing development for approximately 13 acres of land owned by both, with the goal of accelerating housing production and addressing local housing needs. The project site includes 45 parcels and is generally located at East Ave. R-12 and 27th Street East in Palmdale.

Palmdale has already hosted one virtual workshop and is planning to host an additional workshop. If you want to stay informed and participate in the next workshop, sign up at bit.ly/PalmdaleHousing-SignUp.

For more information, please visit the project web page at www.cityofpalmdale.org/Housing/Opportunity or contact Associate Planner Jasmine Almora at jalvarado@cityofpalmdale.org or 661/267-5287.

Palmdale Zoning Code Update: Join Us to Learn About Zoning Changes

The City is updating its zoning ordinance and map to be consistent with its newly adopted General Plan, Palmdale 2045. The public draft of PMC Title 17 Zoning and the map are available for review at www.palmdale2045.org/palmdale-zoning-code.

The City will host two virtual office hours in January to answer questions about the draft zoning ordinance and map. Spanish interpretation will be available.

Thursday, January 12, 2-3:30 pm
Register at bit.ly/3dEq1fj

Wednesday, January 18, 6-7:30 pm
Register at bit.ly/3E3Mfdj

Visit the project website at www.palmdale2045.org/palmdale-zoning-code to view the interactive map and the full schedule, including public hearings. You may also email comments to ZoningUpdate@cityofpalmdale.org.

COMING SOON TO PALMDALE

Coming 2023: 1105 W. Rancho Vista Blvd.

Coming 2024: 15th St. West and Rancho Vista Blvd.

Regency Palms
35122 Oxford View Place
West Ave. C-8 and 10th St. West

CAMPERO

38722 Orchid View Place

WoodSpring Suites
West Ave. C-8 and 10th St. West

Cambiia hotels
5th St. West and Technology Way

5th St. West and Technology Way

For more information, please visit the project web page at www.cityofpalmdale.org/Housing/Opportunity or contact Associate Planner Jasmine Almora at jalvarado@cityofpalmdale.org or 661/267-5287.
Energy for Palmdale’s Independent Choice (EPIC)
Your Business’s New Energy Provider

On March 1, 2023, Palmdale’s new default power provider, Energy for Palmdale’s Independent Choice (EPIC), will expand service to commercial customers. Created by and for the City of Palmdale, EPIC will offer clean energy at competitive rates.

Our partner Southern California Edison (SCE) will continue to transmit power to your door, maintain the grid, and provide billing.

Because EPIC is a locally managed entity, any excess revenue generated by the program will be reinvested in the community through innovative energy projects, programs, and other incentives.

By default, customers will be enrolled in EPIC Power, but may opt up to EPIC Power100, our cleaner, greener option of 100% carbon-free energy. Customers also may choose to opt out and remain with SCE.

For more information on how to opt up or opt out, please visit PalmdaleEPICEnergy.com or contact our call center at 661-267-5419.
A live representative is available to assist Monday to Friday from 8 AM to 5 PM; automated customer support is available 24/7.

Energy for Palmdale’s Independent Choice (EPIC)
El nuevo proveedor de energía de su negocio

El 1 de Marzo de 2023, el nuevo proveedor de energía predeterminado de Palmdale, Energy for Palmdale’s Independent Choice (EPIC), ampliará el servicio a los clientes comerciales. Creado por y para la ciudad de Palmdale, EPIC ofrecerá energía limpia a precios competitivos.

Nuestro socio Southern California Edison (SCE) continuará transmitiendo energía hasta su puerta, manteniendo la red y brindando facturación.

Debido a que EPIC es una entidad administrada localmente, cualquier exceso de ingresos generado por el programa se reinvertirá en la comunidad a través de proyectos, programas y otros incentivos energéticos innovadores.

De manera predeterminada, los clientes se inscribirán en EPIC Power, pero pueden optar por EPIC Power100, nuestra opción más limpia y ecológica de energía 100 % libre de carbono. Los clientes también pueden optar por no participar y permanecer con SCE.

Para obtener más información sobre cómo suscribirse o excluirse, visite PalmdaleEPICEnergy.com o comuníquese nuestro centro de llamadas al 661-267-5419. Un representante en vivo está disponible para ayudar de lunes a viernes de 8 am a 5 pm. La atención al cliente automatizada está disponible las 24 horas del día, los 7 días de la semana.

Avenue R Complete Streets & Safe Routes to School Project Update

Construction work is scheduled to begin in January on the Avenue R Complete Streets and Safe Routes to Schools project, bringing needed improvements along Avenue R from Sierra Highway to 25th Street East.

When completed, the $13.3 million federally-funded project will widen Avenue R, create walkable routes with sidewalks, install bike lanes, increase overall safety for all road users, improve signalized intersections, and aesthetically enhance the corridor. Improvements will also be made at the intersection of Avenue R-4 and 11th Street East at the entrance to Tumbleweed Elementary School.

Construction is expected to take up to two years to complete. It will be split into phases to limit road closures along Avenue R. Motorists should expect traffic delays and are encouraged to use alternate routes.

For updates, find us on Facebook at City of Palmdale-Government or www.CityofPalmdale.org/PublicWorks. Email project-related questions to AveRConstruction@cityofpalmdale.org.
SISTER CITIES MEET IN MEXICO

In September 2022, a visit between the Sister Cities of Palmdale and Poncitlán took place in Mexico. The stop was full of friendship and accompanied by exchanges of both culture and art. The slogan for the visit was Poncitlán Embraces You, which means Poncitlán Abraza. Twenty members from Palmdale’s Sister City group attended the visit from Sept. 20 to 25. Palmdale Sister City Queen Marissa Perdomo and two other young members found the experience encouraging as it helped them understand and appreciate the captivating city of Poncitlán. This educational experience between the two cities embraces the ideals of cultural exchange. Palmdale’s Sister City has contributed thousands of dollars to local Palmdale charities and to Poncitlán’s schools, fire station, and senior living facility.

If you are interested in learning about the Palmdale Sister City program, attend a membership meeting on the second and fourth Wednesday of each month at 6 pm at the Chevrolle Cultural Center, 38350 Sierra Hwy. Planning for a spring dinner and dance fundraiser will begin soon.

Keep Food Waste Out of Landfills: Compost at Home

Did you know that an average American family household can waste up to 250 pounds of food each year? Composting is an excellent way to put your food scraps to good use, divert organic waste from landfills, and contribute to the environmental fight against climate change.

The food you would normally throw away can be recycled to enrich and boost your garden’s harvest. There is a common misconception that you must have ample outdoor space to practice composting. By using a modern composting bin and tumblers, you can organize a small composting station in your kitchen, on your patio, or even on a balcony. Composting is a simple way to conserve natural resources and minimize the impact of food waste on our global ecosystem.

Trash Service in Palmdale

Did you know that Palmdale residents can take advantage of additional services at no extra charge through their WM service? Take advantage of the services below:

**Bulky Item Pickup:** Residents can schedule a free bulky item pickup four times per year, with up to four items collected per pickup. Visit home.wm.com/Palmdale or call 661/947-7197 to schedule items for pickup at least 48 hours in advance of your normal service day.

**Landfill E-Vouchers:** Need to get rid of trash, turf or soil? Palmdale residents may make two visits to the landfill per year using the electronic vouchers that are added to their account on July 1 and are valid for 12 months. Proof of residency and account in good standing are required.

**Electronic/Household Hazardous Waste (HHW):** Drop off e-waste and HHW items the first and third Saturday of each month from 9 am to 3 pm at the Antelope Valley Environmental Collection Center (AVECC) located at 1200 W. City Ranch Rd. in Palmdale.

Recycle Coach App: Palmdale residents are encouraged to download the Recycle Coach app to stay up-to-date on recycling information, trash and street sweeping reminders, special collection events, or to report potholes, traffic signal outages, illegal dumping, graffiti and more! Download from the App Store or Google Play.

The Antelope Valley Recycling & Disposal Facility and AVECC are located at 1200 W. City Ranch Rd.

Finding Community at Courson Pool

Even with the high for the day in Palmdale barely reaching 55 degrees, the Tuesday Noon Lap Swim & Therapy at Courson Pool has more than a few lanes full of people and activity. The swimmers and lifeguards all greet each other by first names, and the pool is always a popular gathering spot.

The facility offers recreational swimming and classes that build confidence through swim lessons in the summer. Lap swim sessions provide the opportunity for self-directed therapy for people with various disabilities. It is also where Lifeguard Academy recruits are trained.

Quinton, a lifeguard since 2016, knows that the sense of community at the pool makes it a great place to work and play. “I love how everyone who comes to swim knows one another,” Quinton shares. “And being a lifeguard is great. Too, we are a close-knit group.”

The community connection at Courson Pool thrives throughout the seasons, and it is a great place to work out and make friends. Palmdale has four pools; three are open during the winter months: Marie Kerr, Courson, and Oasis pools. The next Lifeguard Academy begins on Friday, Feb. 24. If you pass the Academy, you are guaranteed an interview. For more information, to sign up for Lifeguard Academy, or purchase your lap swim pass, visit www.PlayPalmdale.com. For more details, see our Aquatics section on page 23.

NOW HIRING!

The City of Palmdale is seeking motivated applicants that will further our commitment to providing inclusive and accessible services to the diverse, resilient community we serve.

If you would like to contribute to the success of Palmdale and invest in your community with a team that supports and appreciates you, the City of Palmdale may be right for you!

We offer competitive benefit packages, remote work options, and ample opportunity for growth.

To view open positions, apply, and sign-up for job alerts, please visit cityofpalmdale.org/jobs.
PwD Starts Water Augmentation Project

To boost regional water supply by treating recycled water through an advanced treatment process, Palmdale Water District (PWD) is embarking on Pure Water Antelope Valley (AV) starting in 2023 with the development of a demonstration facility on District grounds. The first phase of Pure Water AV is the construction of a $4 million demonstration facility on the most easterly portion of PWD’s property at Avenue Q and 20th Street East. The 5,500-square-foot facility will house equipment for treating recycled water, a water tasting area, and a community room.

Before a full-scale project can be built, the demonstration facility must show that the technology works. When completed in 2024, the equipment will operate 24 hours, seven days a week for water samplings and data collection. Tours of the site and water testing will be offered to the public, including student groups, customers, and community members.

“We are very excited to embark on a project that will secure our water supply,” said Pwd Engineering Manager Scott Rogers. “Pure Water Antelope Valley is critical to the future of Palmdale and our Antelope Valley neighbors because it will be our long-term water solution. We will be more drought-proof, local water control, and improve our groundwater quality and quantity.”

The demonstration facility’s treatment room will have a miniature version of the advanced treatment plant. It will run recycled water through micro-filtration filters, reverse osmosis filters and ultraviolet light with advanced oxidation. The treatment would remove 99.99% of bacteria, viruses, and ions (like salt).

Pure Water Antelope Valley neighbors because it will be our long-term water solution. We will be more drought-proof, local water control, and improve our groundwater quality and quantity.”

Palmdale’s Diversity, Equity & Inclusion Program Puts The Unity in Community

Palmdale is committed to maintaining a safe and welcoming community for all residents, employees, and visitors through initiatives rooted in Access, Diversity, Equity, Inclusion, and Belonging (DEI). We conducted a Q&A interview with Walsah Shah, DEI Specialist with the City. She explains why diversity is essential within our community and why she has a passion for her work.

Q: How long have you been working with the City of Palmdale?
A: I have been working with the City of Palmdale for a little over a year in my role as diversity, equity, and inclusion specialist – a new position to the city as well. Even though this position is relatively new to the organization, I have worked in DEI throughout my career. I received my bachelor’s degree from the University of California Berkeley in Social Work with a double minor in Education and Public Policy. I went on to become a research analyst for Butte College in Oroville. I actively participated in diversity-related organizations and training, like the campus’ Queer & Safe Place Center, one of the few in the state. In addition to my professional experiences, I also bring my life experiences that shape my perspective. I am the eldest daughter of a low-income Pacific Islander Muslim family and the first generation of my family to attend and graduate college. All these experiences combined fuel my passion to support and empower all voices in our community because, ultimately, diversity, equity, inclusion, and belonging benefits everyone.

Q: Why is diversity important within our community?
A: There is so much diversity in our community. Often, people perceive diversity to only be cultural, but there is diversity in age, gender, sexual orientation, disability, socioeconomic background, and national origin. However, we must discuss equity, inclusion and belonging to have diversity. Equity is about giving individuals and communities resources specific to their unique needs to thrive and succeed. Inclusion is providing a space where people can be their authentic selves, where they feel respected, engaged, and valued for sharing their thoughts. It is imperative that we address diversity, equity, and inclusion at the forefront, and create an environment of belonging where people feel proud to be residents of the City.

Q: Which diversity events have impacted the life of Palmdale Citizens?
A: In January of 2022, I partnered with Patricia Morales. Community Programs Coordinator in her Season of Service Kick-Off event, we organized a virtual panel of community leaders to discuss the significance of Martin Luther King Jr Day and the impact on our local community. We had over 100 attendees, and the conversations were centered around community education and support. In March, Patricia Morales and I ambitiously set off to organize the City’s first-ever Women’s Symposium. The event was free and open to the public. We highlighted women in an array of organizations and occupations and organized workshops for the community to engage and participate. In October, I organized the City’s first-ever Diversity, Equity, and Inclusion Festival where we had over 30 vendors, food trucks, performances, and giveaways and highlighted community resources and services for people to engage. We made active efforts to build community partnerships and amplify organizations doing the work, and I hope to create more connections where the community feels as though they can look to the city to support them in their efforts.

Q: Why are you passionate about diversity, what makes this important to your professional development?
A: I am passionate about diversity, equity, inclusion, and belonging because, at its core, it’s about community and togetherness. By identifying what makes us unique and by highlighting our intersectional identities, we are not seeking to create division. We are focusing on our uniqueness to bring forth new perspectives, provide people with resources, drive innovation, and create an environment where people feel genuinely seen and heard. My passion comes from learning about our residents, why they chose to move to Palmdale, and how we can continue to make them proud that they chose to call the City of Palmdale their home.

For more information about diversity and inclusion initiatives in Palmdale, contact Walsah Shah at 661/267-5407.

Palmdale’s Diversity, Equity & Inclusion Program Puts The Unity in Community

By Thomas Y. Lynch, Communication & Public Information Officer

www.cityofpalmdale.org
City to Host Disaster Preparedness Presentation

Being properly prepared for an emergency is a must for all Palmdale residents. Now is the time to prepare to ensure your family and property are protected in case you need to shelter in place or evacuate in the future.

The City’s Public Safety office, LA County Fire Department, Palmdale Sheriff Station, and other community partners will host a series of free disaster preparedness presentations in January. Residents will learn easy and cost-effective ways to prepare for a disaster, and have a chance to win a disaster preparedness kit and other door prizes.

- **Tuesday, Jan. 24, 6 pm**
  Chimborazo Cultural Center, 38350 Sierra Hwy.

- **Thursday, Jan. 19, 8:30 am**
  Legacy Commons, 930 E. Ave. Q-9

- **Thursday, Jan. 26, 1 pm**
  Legacy Commons, 930 E. Ave. Q-9

Remember — it’s never too early to prepare, but it can be too late! For more information, contact the Public Safety office at 661/267-5170 or email PublicSafety@cityofpalmdale.org.

Learn about Neighborhood and Business Watch Programs

Neighborhood and Business Watch provide opportunities for us to work toward increasing the safety and security of our homes, neighborhoods, businesses, and the community at large. The programs empower citizens to become active in ensuring our quality of life, and communities that participate develop a sense of safety.

Palmdale’s Public Safety office will offer several virtual introductory presentations that will provide a general overview of the programs and explain the steps needed to start and maintain a group in your neighborhood or business. The presentations will also be available in Spanish.

**Neighborhood Watch presentations:**
- **Monday, Feb. 6, 7 pm**
- **Thursday, Feb. 16, 10 am**
- **Tuesday, Feb. 21, 7 pm**
- **Tuesday, May 2, 7 pm**
- **Wednesday, May 17, 10 am**

For more information or to register, please contact the Public Safety office at 661/267-5170 or email PublicSafety@cityofpalmdale.org.

**Business Watch presentations:**
- **Thursday, April 6, 10 am**
- **Monday, April 24, 7 pm**

National Consumer Protection Week

Learn how to protect yourself against identity theft and fraud during National Consumer Protection Week (NCPW), March 6 to 9. Join us for one of our virtual presentations on Monday, March 6; Tuesday, March 7; or Wednesday, March 8 at 5 pm on the City’s Public Safety Facebook page.

This annual event encourages individuals to learn about their consumer rights and how to secure themselves. Participants will learn about current scams, how identity theft occurs and how to minimize their risk of becoming a victim.

Public Safety staff will also facilitate an in-person presentation for seniors on identity theft and scams on Thursday, March 9 at 8:30 am at Legacy Commons, 930 E. Ave. Q-9.

For more information, please contact the Public Safety office at 661/267-5170 or email PublicSafety@cityofpalmdale.org.

Public Safety Forum

The Public Safety division and Palmdale Sheriff’s Station will host a Public Safety Forum for Palmdale community members on Wednesday, March 22 at 6 pm at the Chimborazo Cultural Center, 38350 Sierra Hwy.

Participants will learn about current programs, share concerns regarding crime and safety, and explore ideas for developing a community-oriented approach to address these issues. A youth element is included for those 13 years of age and older. Spanish translation will be available upon request.

For more information, contact the Public Safety office at 661/267-5170 or email PublicSafety@cityofpalmdale.org.
SAVES Program Provides Food, Dignity, and Respect

By Thomas Y. Lynch, Communication & Public Information Officer

During uncertain turbulent times, we all could use a helping hand. The City has many programs and initiatives that help our Citizens live better lives. South Antelope Valley Emergency Services (SAVES) is one of many City initiatives that provide a practical help for people in need. SAVES was started in 1983 to assist individuals and families experiencing a temporary emergency.

We recently conducted a Q&A interview with Community Programs Coordinator Patricia Morales, who has worked for Palmdale for over 12 years.

Q: During the holiday season, several annual programs give directly to our community. Which programs have significantly impacted the life of Palmdale citizens?

A: SAVES has two major programs that offer assistance to our citizens during the holidays. In November, we have our Thanksgiving event, and in December, we have our holiday event. Both are food distribution programs that are integral to families that need a helping hand. I feel that the programs are beneficial not only to those who utilize the services but also to the community at large. We have great volunteers who enjoy distribution days and make sure that the food is given out with a smile, love, and care.

Q: Is there a significant need in the community for this type of service?

A: I started working with SAVES in 2010. That year, we gave out approximately 200 food baskets for the combined events. Both programs have grown over the years, we currently serve anywhere from 350 to 450 families per distribution. We have also expanded our service group to include families with small children and elderly citizens.

Q: How do you identify the community’s needs and locate participants?

A: SAVES is a City program, but we behave much like a nonprofit. I used to run a nonprofit, and a major skill set utilized is grassroots outreach. We talk to our community partners face-to-face. That is where we are most effective. We are finding out how our community functions and how information is disseminated. We make our service information available to key stakeholders within the City.

Q: Do you classify SAVES as a food distribution service or something else?

A: In my dreams, I envision SAVES as a combination food distribution/community center. Working with SAVES has allowed me to witness how that community participation plays a crucial role in SAVES’ success. During basket distribution, we also provide information about other services and programs Palmdale offers. We strive to serve the community where they need it.

Q: Why is SAVES important to the community?

A: In 1983, when SAVES was established, City leaders realized that there were few service providen and nonprofits. It was a bold move for City officials to start the program. I imagine them saying, “If no one else will do it — we will.” It is encouraging to know that SAVES was founded on the principle that we care for our own. There is a need in our community, and we all benefit when we care for one another. We are important because we are there when people need us most.

Q: Why are you so passionate about the SAVES program?

A: I know how difficult it is to be in a place where you need help, but you have too much pride to ask for assistance. My family came to this country from El Salvador, and my parents never asked for any help. It wasn’t because we didn’t need it, it was because we wanted to work and be productive members of this community. But it was hard sometimes; when I started this work, I thought of my parents. I wanted to create a place where my parents would have felt OK to visit and receive help. A place where they would not lose their dignity. SAVES allows me to create a space where people can receive services and provide for their families. We want to make sure that there is no shame and that they can participate with respect.

The City’s Community Development Block Grant (CDBG) funds the overhead, coordinator and assistant salaries, and day-to-day operating costs. Food is provided by federal programs and the contributions of local markets and stores. SAVES donates extra food to local senior centers, sober living homes, and other food assistance programs.

SAVES is open Monday through Thursday, 8 am to 5 pm. For more information, you can call 661/267-5191 during business hours. SAVES also has a 24-hour emergency phone service available after business hours. Clients may leave a message with their name, telephone number, and a brief explanation of the emergency. SAVES also provides walk-in service.

Season of Service Volunteer Opportunities Ahead

Join the City’s Community Programs division for its annual Season of Service events which will provide ample opportunities for everyone to come together and give back to the community. Be a part of this effort to make our City a beautiful place to call home.

Monday, Jan. 16: Volunteer at SAVES to help pack goodie bags for furry friends. The bags will be distributed at the Tail of True Love event at Yelten Park.

Saturday, Feb. 18: Volunteers will help plant trees in collaboration with WOW Flower Project.

For more information and to register, please visit signup.com/go/VmXBFrr.
Apply for a Recreation Scholarship

Parks & Recreation has a limited number of partial scholarships for children to participate in select recreation programs. Any City of Palmdale resident is eligible to apply for a child 17 years of age and younger who is in their immediate family with qualified proof of hardship. Scholarships are limited to one per session (winter/spring, summer, or fall) per child. The maximum amount of any scholarship award is 50% of the total registration fee. For details and to apply, please visit www.cityofpalmdale.org/RecScholarships.

Interested in recreational activities?

Here are a few of the classes and activities we offer:

- A.V Children’s Choir
- Challenger Sports TinyTykes
- Melanie’s Ballet and Tap
- Melanie’s Armenian Folk Dance
- Young Champions Youth Soccer
- Young Champions Self-Defense
- Children’s Jazz, Tap and Ballet
- Eshrat American Karate
- PADI Open Water Diver Course
- Excel Tennis All Levels Tennis Lessons
- All About Theatre
- Italian for Beginners and Travelers
- Let’s March Drill Team & Drum Squad
- Darci McKee Ballet and Lyrical Dance
- Chair and Flow Yoga for All Levels
- Erin Hvegholm Tap, Hip Hop & Jazz
- The Theatre Experience
- West Coast Classical Orchestras
- Zumba Fitness

Visit us online at www.PlayPalmdale.com to discover all the classes and activities available.

Become a Contract Class Instructor

Our contract instructors contribute to our community by providing enriching classes, workshops, and seminars. We are always open to new, creative ideas. Parks and Recreation is seeking proposals for Aquatics, Arts & Entertainment: Education & Technology, Hobbies & Interests, Mind & Body, and Therapeutic & Special Needs. Programs may be designed for adults, families, individuals 55+, individuals with disabilities, preschoolers, school age children and teens. A facility to hold your class will be offered to you based on availability. Submit a proposal online at www.cityofpalmdale.org/ContractClass.
ADULT SPORTS

Coed Slow Pitch Softball

Slow Pitch Softball

Coed Volleyball

YOUTH SPORTS

Youth T-Ball

Youth Coaches Pitch

Youth Baseball

Girl’s Softball

Youth Volleyball

Volleyball Fundamentals
Register February 13-23 at www.PlayPalmdale.com. Passing, setting, and serving fundamentals will be taught with an emphasis on fun. Kids will get a chance to put their skills into action during scrimmage time. This class will help your child prepare for future volleyball leagues.

 Volunteer Coaches Needed
Do you like having fun? Are you good at giving high fives? Would you like to create lasting memories? If you answered ‘yes,’ you fit the criteria we look for in our best volunteer coaches.
With our core principles of fun, inclusivity, safety, and good sportsmanship, being a coach in our leagues is not only a breeze; it’s a blast and a very rewarding experience!
All our youth programs are coached by volunteers: basketball, softball, T-ball, coaches pitch, baseball, and volleyball. Coaching in our leagues is a 2 to 3-hour commitment each week, and you get to pick the practice location and times. Games are played during the week and on Saturdays. We also have plenty of resources available to our coaches, including a thorough coaching guide, weekly practice plans, game tips, and staff to assist.
To inquire, email Sports at parksrec@cityofpalmdale.org.

Sports Officials Needed
Are you a sports enthusiast who wants to get involved in your community? The City is looking for people who have common sports knowledge or officiating experience to become officials and referees for youth and adult sports programs.
- Training available
- Extra income
- Basketball, volleyball, softball, and baseball officials needed
- Games are played on weeknights and Saturdays
For more information or to apply, please email Sports at parksrec@cityofpalmdale.org.

Join Our Free Agent List!
If you are an adult who would like to join one of our athletic leagues but need a team to play with, let us know!
Please call 267-5611 and ask to speak with our sports division—we will gladly add you to our free agent list.

HERE FOR FAMILY, HERE FOR COMMUNITY.
EVERYONE IN THE VALLEY CAN JOIN, SEE US IN PALMDALE OR ON-BASE.

FEDERAL CREDIT UNION
ANTELOPE VALLEY PROUD!
661-952-5945 edwardsfcu.org
Have you visited your nearest center?

Palmdale’s recreation centers are bursting with activity! You will find sports programs and contract classes led by engaging community members. Visit www.PlayPalmdale.com to discover all the classes offered at each center.

Join us for free, fun activities at your neighborhood recreation center.
Parents must be present.

MARIE KERR PARK REC CENTER
2723 Rancho Vista Blvd.

Mommy & Me Valentine’s Day Dance
Friday, February 17, 5-7 pm
Come enjoy a fun Valentine’s dance and activities featuring free treats, fun crafts, and a photo area. Register online at www.PlayPalmdale.com.

STEAM Saturdays
Saturdays, 12-2 pm
Drop-in programming. Stop in for a science, technology, engineering, arts and mathematic activity.

Spring Break Activities
Monday-Friday, March 20-24 and March 26-30, 11 am-3 pm
Drop-in programming.

CLASSES:
• Melanie’s Dance Ballet & Tap
• Eshrati American Karate
• Move and Groove Tots
• Lil’ Sprout Sports

PALMDALE OASIS PARK REC CENTER
3850 E. Avenue S, Suite A

STEAM Saturdays
Saturdays, 12-2 pm
Drop-in programming. Stop in for a science, technology, engineering, arts and mathematic activity.

Spring Break Activities
Monday-Friday, March 20-24, 11 am-3 pm
Cinco de Mayo Fiesta
Friday, May 5, 5-7 pm

CLASSES:
• Children’s Jazz, Tap and Ballet
• Eshrati American Karate
• Flow Yoga for All Levels
• Italian for Beginners and Travelers
• Melanie’s Armenian Folk Dance
• Young Champions Self-Defense
• Move and Groove Tots
• Lil’ Sprout Sports

Looking for a place to hold your next event?
Both recreation centers are available to rent. For information, please visit www.PlayPalmdale.com.

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Looking for a place to hold your next event?
Both recreation centers are available to rent. For information, please visit www.PlayPalmdale.com.
Candidates must complete an employment application and pass a prescreening test during the recruitment period.

Course fee includes textbook, supplies, facial covering, pocket mask, hip pack, and Red Cross Certification fee.

Participants must be able to swim a minimum of 100 yards continuously, retrieve a weighted object from a minimum depth of five feet, and tread water for two minutes prior to first day of the course. Those unable to pass the swim test will be withdrawn from the class and the class fee will be fully refunded. All lifeguard candidates who wish to apply for a job must be 17 years of age by July 1, 2023.

Register for Lifeguard Academy today at www.PlayPalmdale.com

Registration closes Tuesday, February 21 at 12 pm. For more information, call 661/267-5611.

Want to be a lifeguard?

Enroll in Lifeguard Academy!
Our Lifeguard I positions begin at $18.48/hour.

Secure your position for this summer now.
Academy dates: February 24-26 and March 10-14 on Fridays, Saturdays, and Sundays.

Candidates must complete an employment application and pass a prescreening test during the recruitment period. Course fee includes textbook, supplies, facial covering, pocket mask, hip pack, and Red Cross Certification fee. Participants must be able to swim a minimum of 100 yards continuously, retrieve a weighted object from a minimum depth of five feet, and tread water for two minutes prior to first day of the course. Those unable to pass the swim test will be withdrawn from the class and the class fee will be fully refunded. All lifeguard candidates who wish to apply for a job must be 17 years of age by July 1, 2023.

Register for Lifeguard Academy today at www.PlayPalmdale.com

Registration closes Tuesday, February 21 at 12 pm. For more information, call 661/267-5611.
Senior Swim and Therapy
One hour session for adults 55 yrs. and older. Each lane can be used for individual preference and self-directed exercise, such as water aerobics, lap swimming, treading water, or other therapy exercises. Swimmers are not guaranteed their own lane; there will be times when a lane is shared by multiple users. We ask politely that swimmers remain open-minded when sharing a lane. Senior swimmers who are interested in extending their swim time, will be asked to exit the facility at the end of the session, and use their lap pass again to re-enter at the beginning of the next session.

Purchasing a Aqua Pass
An Aqua Pass for senior, noon or night lap swim is required to participate. Aqua passes are available as a 10-, 20- or 40-pack of swims and are renewable online at www.PlayPalmdale.com. First time purchases must be made at the Parks and Recreation office.

$11 per day
$77 per week
$330 per month
$4,015 per year
$60,111 in 10 years!

Contact us TODAY to start your smoke-free journey!
Adel Domingo
adomingo@avph.org
(661) 361-8008
@smokefreeav


DON'T BLOW YOUR MONEY ON SMOKING.

On average
1 pack of cigarettes = $11
Someone who smokes 1 pack/day could be saving:

Pool Schedules
To view pool schedules and hours of operation, visit us at www.cityofpalmdale.org/Aquatics or find us on Facebook @PalmdalePR.
Aquatic programming runs through Friday, June 9. Senior Swim begins March 20.
- Palmdale Oasis Pool (POP)
  3850 East Ave S - 661/267-5977
- Marie Kerr Pool (MKP)
  2723 Rancho Vista Blvd - 661/267-6145
- Courson Pool (CP)
  30216 10th St. East - 661/267-5888

Weather
As a reminder, our aquatics facilities are outdoor pools with water temperatures maintained at an enjoyable 80-83 degrees. Outdoor weather can be unpredictable and affect the way the water temperature feels as one enters and exits the pool.

Noon Lap and Therapy
Sessions are dedicated to those 14 years of age and older; this program is a separate from Senior Swim and Therapy. Each lane can be used for individual preference, such as water aerobics, lap swimming, treading water, and other therapy exercises. Swimmers are not always guaranteed their own lane; there will be times when a lane is shared by multiple users. We ask politely that when sharing a lane with two or more, swimmers use proper lap swim etiquette. While swimming, please swim counterclockwise while also staying to the right of the lane.

How much could you be saving?
Scan to find out.

Lots of Free Fun - Join Us!

JANUARY

Popcorn Day
Thursday, January 19, 4-6 pm
Marie Kerr Park
Enjoy fun popcorn crafts, popcorn history, and a popcorn bar including sweet, savory, caramel, butter, or plain popcorn.

A Tail of True Love
Tuesday, February 14, 5-6 pm
Yellow Dog Park
Enjoy Valentines themed snacks and treats for dogs and their humans. Take a photo with your dog and share it with us on Facebook @YellowDogPark.

Mommy & Me Valentine’s Day Dance
Friday, February 17, 5-7 pm
Marie Kerr Park Recreation Center
Join Dr. Karsten in a fun fitness experience, enjoy healthy treats, and learn to use the fitness court like a pro. Classes are free; register online at www.PlayPalmdale.com.

Fitness Court Classes
Saturday, February 25, 1-2 pm
Pelona Vista Park
Come love your body into shape! Join Fitness Court Ambassadors Johnnie and Karsten in a fun fitness experience, enjoy healthy treats, and learn to use the fitness court like a pro. Classes are free; register online at www.PlayPalmdale.com.

FEBRUARY

Love Rocks
Saturday, February 11, 10 am-12 pm
Marie Kerr Park and Domenic Massari Park
Celebrate the spirit of love at the parks! Enjoy rock art, Valentine’s Day crafts, and a special treat. Special guest AV Gem & Mineral Club at Domenic Massari event.

Spring Break Fun at the Parks!
March 19-20, 26-30, 4-6 pm
Marie Kerr Park
March 20-24, 4-6 pm
Domenic Massari Park
Check out the park event calendar online.

MARCH

Earth Day Fun
Saturday, April 22, 10 am-12 pm and 2-4 pm
Domenic Massari Park and Marie Kerr Park
This Earth Day, we want to give back to our planet! Visit the park for fun Earth Day activities for the entire family! Plant a flower to take home, create art out of recyclables, go on a nature scavenger hunt, and more. Special guest: AV Gem & Mineral Club at Domenic Massari Park event. All ages welcome.

FITNESS COURT CLASSES

April

Appreciation Week
Monday-Friday, May 8-12, 4-6 pm
Domenic Massari Park and Marie Kerr Park
In celebration of Mother’s Day, create special gifts of thanks for those who make a difference in your life.

Fitness Court Classes
Saturday, May 21, 10-11 am
Saturday, March 25, 10-11 am
Pelona Vista Park
Come love your body into shape! Join Fitness Court Ambassadors Johnnie and Karsten in a fun fitness experience, enjoy healthy treats, and learn to use the fitness court like a pro. Classes are free; register online at www.PlayPalmdale.com.

MAY

APPRECIATION WEEK

For patients who do not have dental insurance, we offer a membership program. For $179 every six months, you get cleanings and exams twice a year, and all checkup x-rays plus a 20% discount off any necessary treatment.

39178 10th St West
Suite C
Palmdale, CA 93551
(661) 206-1151
www.adventure.dental

4/5/2023 | Outdoor Recreation 28

www.adventure.dental
Visit Your Local Airpark

Open Saturday and Sunday, 9 am-5 pm • 2001 E. Avenue P

Joe Davies Heritage Airpark is a family-friendly, uniquely Palmdale destination centered around displays of aircraft that portray our rich aerospace heritage and present the historical significance of US Air Force Plant 42 in a way that generates pride among our residents and prestige among our peers. Visitors to the airpark see a collection of aircraft flown, tested, designed, produced, or modified at USAF Plant 42. The Airpark includes 21 retired military aircraft on static display, plus a 1/8 scale model of the B-2 Spirit, an AGM-28 Hound Dog Missile, a B-52, a C-46, and various aircraft components. When fully developed, the Airpark will showcase over 40 retired military and civilian aircraft. Admission to the park and use of its amenities is free.

Adopt-A-Plane
Second Saturday of every month beginning February II

Adopt-A-Plane is a volunteer-based program in which a group commits to cleaning one of the aircraft on display either monthly or bimonthly. Materials and tools are provided by the City, and the volunteer group receives the following recognition:

• Recognition in a press release distributed the week prior to the first scheduled cleaning
• Group name will be displayed on a sign next to the aircraft
• Group name will be placed on the City website under the Airpark webpage
• Group will be invited to attend special events at the Airpark

Interested groups should email parksrec@cityofpalmdale.org, or call 661/267-5611.
We’re Hiring!
Apply online at www.cityofpalmdale.org/Jobs
We encourage all to apply — all ages, first job seekers, teachers, retirees, college students. Invite your friends and family to apply!
Must be 16 years of age by July 1, 2023. No experience necessary. Application portal may close at any time based on number of applicants.

EARLY BIRD SEASON PASS SALE
Get your Season Pass today and save!

All Access Season Pass
With the All Access Season Pass, you get unlimited visits, including night events and holidays. No blackout dates.

NEW! Weekday Season Pass
Unlimited Monday-Friday visits; excludes Family Glow Nights and holidays. Restrictions apply.

Get yours before the sale is over!

DIRTY SOLAR PANELS?
Solar panels operate by allowing natural light from the sun to ‘enter’ its solar cells. The more natural light that hits the panel, the more energy the panel will generate.

If the cells aren’t clean, less sunlight is absorbed, and less electricity is generated.

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www.ClimateAV.com

SOLAR PANEL CLEANING
Serving Palmdale and the Greater Antelope Valley for 28 years!
The Palmdale Playhouse provides a place for the community to come together to enjoy theatre, dance, music, and the arts. Classes touching on all aspects of theatre arts are available for people of all ages. Come be part of the show, be part of the fun, be part of the magic!

Tickets: PalmdalePlayhouse.com
For more information, call 661/267-5684.

Captain Cardiac and the Coronaries
Saturday, February 11, 8 pm
Captain Cardiac and the Coronaries have been one of the country’s premier rock and roll party shows since 1972. Their high-voltage performances have been enjoyed worldwide, and they have been featured performers at world-class venues, appearing at three Super Bowls and the Cotton Bowl in Dallas, Texas. They always leave the crowds screaming for more — so fasten your seat belts, get ready for take-off, and get set to blast into the past!
Tickets: $17 adults, $15 military, senior, students, 12 & under

Stone Soul
Saturday, February 18, 8 pm
Stone Soul is an 8-piece, horn-blowing, foot-stomping classic Soul and Motown tribute band that has built a reputation as one of the hardest-working, most entertaining bands you’ll ever see! With their snazzy suits and spot-on renditions of hits, Stone Soul will have you dancing the jerk, the mashed potatoes, and the twist to smash hits from Smokey Robinson, The Temptations, Stevie Wonder, The Four Tops, Otis Redding, James Brown, and more!
Tickets: $17 adults, $15 military, senior, students, 12 & under

West Coast Classical presents
Spring Fling
Saturday, March 4, 7:30 pm
Come enjoy a concert of beautiful music ranging from jazz to light classical performed by the West Coast Classical orchestras and ensembles. There will be something for everyone to make a memorable evening of music.
Tickets: $14

This Ain’t Your Daddy’s Big Band
Saturday, March 18, 8 pm
Led by the blowin’ trumpet of Rex Merriweather, This Ain’t Your Daddy’s Big Band is a talented force drawn from the bands of Brian Setzer, Tower of Power, Maria Muldaur, Rod Stewart, and more. Beyond spicy Latin, timeless standards, and contemporary favorites, this rocking jazz band kicks out wicked takes and comes out swinging. If you’re asking, “Where’s the party?” look no further, this is the biggest band/fun rocking est party-zilla in the hemisphere!
Tickets: $17 adults, $15 military, senior, students, 12 & under

NEW: Select your seats online!
The Palmdale Playhouse accepts Discover, MasterCard or Visa; cash is not accepted. All online and box office tickets include a convenience fee. Tickets are available for purchase in the lobby one hour prior to show start time.
Summer Theatre Camp dates are changing:

- Summer Theatre Experience – June 12-July 1 • Ages 12-18
- Jr. Theatre Camp – July 10-22 • Ages 9-11

West Coast Classical presents

A Tribute to John Williams
Saturday, March 25, 7:30 pm
Sunday, March 26, 2 pm

Behind every great film is a compelling score, and the works of film composer John Williams are nothing short of brilliant. Performing selections from Star Wars, Harry Potter, Jurassic Park, Indiana Jones and Jaws, this show will bring the adventure, fun, romance, and magic of these unforgettable movies to life once again. Bring the kids for the perfect family outing!

Tickets: $20 adults, $18 military, senior, students, 12 & under

Erin Hvegholm and Darci Mckee present

Dancing in the Desert
Saturday, May 6, 6 pm

Students will present a lively and energetic classical ballet, hip hop, jazz, lyrical, rhythm and tap presentation. With canon will be performed to “Tiny Dancer” by Florence + The Machine, “U Know What’s Up” by 4* Town, tapping to “Better When I’m Dancing” by Meghan Trainor, and groovy jazz to “I Ain’t Worried” by One Republic. Come enjoy an evening of the beautiful art of dance.

Tickets: $17 adults, $14 military, senior, students, 12 & under

Antelope Valley Children’s Choir presents

I Love the ‘80s
Saturday, May 20, 7 pm

Join the AV Children’s Choir, and break out your nylons, as we take you on a journey singing favorites from the ‘80s.

Tickets: $17 adults, $12 military, senior, students, 12 & under
CHILDREN’S

SPRINGFEST & EGG HUNT

Saturday, April 1
10 am-2 pm

Free Egg Hunt and Activities for kids ages 2-12
Photos with the bunny, food trucks, and more! Fun Zone wristband for attractions available for purchase.

Be sure to join us this October 7, 2023
Artists and vendors: Apply now at www.KaleidoscopeArtFestival.com
Thank you for being part of last year’s Kaleidoscope and supporting the arts in our community!

Concerts & Events Coming This Summer!
Visit PalmdaleAmphitheater.com and find us on Facebook and Instagram for announcements and ticket information.

Tickets on sale at PalmdaleAmphitheater.com beginning March 1

Thank you for being part of last year’s Kaleidoscope and supporting the arts in our community!
Cesar Chavez Day
Saturday, March 25, 10 am-4 pm
Domenic Massari Park
Celebrate and learn about Cesar Chavez.
The festivities will include entertainment, food trucks, and vendors. Admission and parking are free.

Antelope Valley Taco Festival
Saturday, June 10, 11 am-7 pm • Poncitlán Square
The Antelope Valley Taco Festival is fun for all ages! Offering a wide choice of tacos from restaurants, taquerias, and food trucks, it will satisfy every palate. Apart from the tacos, it will feature live music, entertainment, vendors, and more!

www.AVTacoFestival.com

Gabriel's Day
Saturday, May 20, 10 am-4 pm
Poncitlán Square
The 8th Annual Business Expo has been renamed Gabriel’s Day, benefitting Gabriel’s House and Music & Kids.

Inkwell
Palmdale’s Book & Art Festival
Saturday, May 6, 10 am-2 pm
Legacy Commons • 930 E. Ave. Q-9
Books • Art • Music • Food & More!
Inkwell features local authors and artists and their works.
Call for Authors & Artists begins Tuesday, January 10. Apply online at www.cityofpalmdale.org/Inkwell by Tuesday, March 7.
Find us on Facebook @PalmdalePR for the latest info about this fun festival.

Generations
Call for Artists
JURIED ART EXHIBIT
Open to all ages. Generations is an annual competition for local artists to enter for the opportunity to display their art publicly. Simultaneous exhibits will be held at Legacy Commons and Palmdale Playhouse. The winning and honorable mention artworks will be featured in a calendar available free at City facilities later this year, while supplies last. The exhibit affirms the City’s commitment to local arts.
Applications will be available online May 1-August 1 at www.cityofpalmdale.org
Find us on Facebook @PalmdalePR for the latest info about Generations.
Chimbole Cultural Center
The perfect venue for weddings, receptions, banquets, and more!

The Chimbole Cultural Center takes reservation requests online at www.PlayPalmdale.com. Our friendly staff will contact you regarding your request within 3-5 business days after submission. Please keep in mind that a request is not a reservation.

Located next to the Palmdale City Library, the Center is a one-of-a-kind facility serving the Antelope Valley. It offers large and small rooms at affordable rates for different needs. Located downstairs Lilac, Sage and Joshua rooms are available for meetings, trainings, and workshops. The Primrose room offers round tables and a small area to serve food that is perfect for showers and small gatherings. Booking is required 14 days in advance.

Located upstairs, the Manzanita Ballroom is an elegant and spacious room that can accommodate seminars, receptions, meetings, weddings, quinceañeras, celebrations, and holiday parties. Its amenities include a dance floor, kitchen, stage, and audiovisual capabilities. Catering options include select your own caterer and do-it-yourself catering. Round or banquet tables with chairs are available to accommodate different room layouts. The Ballroom’s hardwired audiovisual system includes Wi-Fi and two large projectors and screens for slideshows and presentations with conveniently located laptop input jacks. Booking is required 45 days in advance.

Downloadable eBooks
Did you know the Library offers free downloadable eBooks and eAudiobooks? All you need to access these collections is a valid Palmdale City Library card. Download the CloudLibrary app on your electronic device to get started. It’s easy and free!

Free Streaming of Movies, Concerts, and Fine Arts Performances
With your Library card, you can access and stream to your device movies, concerts, and fine art performances through Hoopla; Spanish content is available through The Shelf.

Free Online Tutoring
Adults and children can take advantage of free online tutoring services with their Library card through Brainfuse, including tutoring in Spanish.

Mango Languages
Bonjour! Hola! Ciao! Is learning a new language one of your goals? We can help! Mango Languages can help you learn over 70 languages, including English, and is available for free from home (or anywhere!) with your Library card.

Welcome to Your Palmdale City Library!

UPCOMING EVENTS
Join us in-person for fun activities at your Palmdale City Library:

Inkwell Book & Art Festival
Join us in the Library and at Legacy Commons for Inkwell Book & Art Festival, beginning with an Author’s Reception on Friday, May 5, and the Festival on Saturday, May 6.

Spring Film Festival
From March 20 to 24, the Library will show a different feature film each day as part of its Spring Film Festival. Check with the Library for the list of featured films.

There are Always Fun Things Happening at Your Palmdale City Library
From our fun and engaging Author Series, Harry Potter Birthday Celebration, Summer Reading Program, and Talk Like a Pirate Day to the Halloween/Day of the Dead Celebration and Holiday Patron Party, there is always something happening at your Palmdale City Library.

Looking for volunteer opportunities?
Consider showing your support by joining the Friends of the Palmdale City Library or by applying to be a Library volunteer online at https://bit.ly/2Lov6P9.

Info: www.cityofpalmdale.org/Library

Whether you’re looking for the latest best-seller, DVDs, eBooks, computer access, story times or programs for all ages — the Palmdale Library has it all! With access to over one million items through the Inland Library Network, Palmdale Library patrons have access to a wealth of materials for enrichment and entertainment. We offer year-round interactive programs for children, teens and adults. Hear stories, make crafts, create art, play games, watch movies and explore the Library.

Free nonprofit reservations
Meeting rooms are available on Mondays and Fridays, from 12-6 pm, Wednesdays, 8 am-10 pm, and Thursdays, 8 am-6 pm. Once every six months, the ballroom is available during the same hours, except Fridays. Current 501(c)(3)/4(1)(5)(6) status is required.

The Center is in high demand, inquire early. For more information and to submit a facility reservation request please visit PlayPalmdale.com. For more information, call 661/267-5656.

Find us on Facebook, Instagram and YouTube to learn about all the fun events going on at the Library.
Legacy Commons for Active Seniors

Operated by the City of Palmdale, Legacy Commons for Active Seniors is a community recreational facility for those 55 years and older. Located adjacent to Legacy Park, this facility features walking paths, picnic tables, bocce ball courts, horseshoe pits, and a croquet lawn. Community members experience camaraderie, enhance their overall health, and foster self-reliance through our fitness classes, visual and performing arts programs, informational seminars, and special interest groups. Legacy Commons is dedicated to meeting the needs of all seniors and their families by helping to live an enriched, active, and independent life.

Visitors are invited to pick up our newsletter that features upcoming events and a class schedule. Legacy Commons is open Monday through Friday from 8 am to 4 pm.

Legacy participants and guests are encouraged to attend Legacy Commons Advisory Board meetings which are held the first Wednesday of the month at 9:15 am. The board meetings provide an opportunity to keep up-to-date with classes and programs, to be involved with events, and to explore ways of being connected with other active seniors.

Upcoming Events

Stop by the front desk for information about upcoming events.

Fun Fridays at Legacy Commons
- Indoor Power Walking, 9:15-10:15 am
- Painting Rescue, 9-11 am
- Golden Singers, 10-11 am
- Knitting for Beginners, 12-2 pm
- Art & Tea, 2-3 pm
- Game Time (board games), 12-4 pm
- Billiards Room, 8 am-4 pm
- Ping Pong, 8:15 am-1:30 pm

Valentine’s Day Party
Monday, February 13, 1-3 pm

Black History Celebration
Thursday, February 23, 1-3 pm

St. Patty’s Day Bingo
Wednesday, March 15, 1-3 pm

Senior Resource Fair
Wednesday, April 19, 10 am-12 pm

Mother’s Day Garden Tea
Tuesday, May 9, 10 am-11 am

National Senior Health & Fitness Walk
Wednesday, May 31, 8 am-10 am

Inkwell
Palmdale’s Book & Art Festival
Saturday, May 6, 10 am-2 pm
Authors • Artists • Create & Take Art Experience
Music • Food Trucks

Mothers Day Garden Tea
Tuesday, May 9, 10 am-11 am

National Senior Health & Fitness Walk
Wednesday, May 31, 8 am-10 am

New Classes & Programs

Healthier Living Workshop
Tuesdays, 8:30-11 am
January 24, 31
February 7, 14, 21, 28

This workshop helps support self-management of ongoing health conditions such as arthritis, heart disease, diabetes, high blood pressure, lung disease, and cancer.

Diabetes Self-Management
Tuesdays, 8:30-11 am
March 14, 21, 28
April 4, 11, 18

Control your diabetes, don’t let it control you! Learn tools to live a healthier life and understand what your blood sugar level is telling you.

Chronic Pain Self-Management
Tuesdays, 8:30-11:00 am
May 2, 9, 16, 23, 30
June 6

If you or someone you love is dealing with ongoing pain, this workshop is for you. Participants report less pain, more energy, and improved independence after attending.

Basic Knitting: Have Needles ... Will Knit!
Thursdays in March and May, 4-5:30 pm

Children 8-16 years old will learn basic knitting stitches and how to knit a wearable headband or washcloth using the knit-garter and/or the knit-purl stitch. Register online at www.PlayPalmdale.com.

Take Our Survey

Help us improve our services by taking the survey at bit.ly/3VpLDpq

Become a Volunteer

Our senior volunteers contribute to our facility by providing enriching classes and workshops. We are currently seeking a computer tutor for individuals 55+, and we are always open to new and creative ideas. Submit a proposal online at www.CityofPalmdale.org/VolunteerOpportunities, or call 661-267-5904 and ask for Laura.

Legacy Commons Pass

Be one of the cool kids! Get your Legacy Commons Pass (55+) today for access to free programming at Legacy Commons. Register for your pass online at www.PlayPalmdale.com.

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Take Our Survey

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Become a Volunteer

Our senior volunteers contribute to our facility by providing enriching classes and workshops. We are currently seeking a computer tutor for individuals 55+, and we are always open to new and creative ideas. Submit a proposal online at www.CityofPalmdale.org/VolunteerOpportunities, or call 661-267-5904 and ask for Laura.

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ART GALLERY EXHIBITS
See the best of local artists at our intimate gallery, admission and parking are free.

The Whimsy World of Lisa Michelle
Art by Lisa Michelle Garrett
Thursday, January 26 through Tuesday, February 28
Reception:
Thursday, January 26, 6-7 pm
With a child-like soul, Lisa Michelle’s creative works are whimsical and always fun. Her art is spiritual for her, and it is sure to put a smile on your face. At 3 years old, she was intrigued with the colors in comic strips, and with a family tradition in art, she could always be found drawing. They say writers share a part of themselves, and her art does the same for her. She loves trees and coffee, so you will see trees and coffee in her works.

Microwave Memories
Art by Jordin Rice
Thursday, March 9 through Thursday, April 20
Reception:
Thursday, March 9, 6-7 pm
Rice has been creating art since 2000, making pieces as gifts for family and friends. Only three years old at the time, Rice has since developed her hobby into a passion and is now an art educator at Lancaster High School. Her recent work has been inspired by dreams, nightmares, popular culture, and everyday life using a variety of mediums, including paint, digital, wood-burning tools, and anything else that falls into her path.

A Different View
Art by Bob Fields
Thursday, April 27 through Thursday, June 1
Reception:
Thursday, April 27, 6-7 pm
Fields learned black-and-white photography at Burbank High School in 1971-72, followed by a course at CalArts and a year at LA City College. An active member of the Lancaster Photography Association and Photographic Society of America, he has won domestic and international awards. He recently began exploring showing his work in more abstract terms using photographic techniques and Adobe, Topaz, and other software programs.

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Revelation

The wait is over! Revolution, a distinctive new public art sculpture, was installed at the Palmdale Auto Mall in December. It is located at the center of the roundabout at Auto Villa Drive and Carriage Way just south of the entrance off Technology Drive.

This one-of-a-kind sculpture by Heath Satow creates a sense of motion through its shape and the way the world reflects in it. The curves of vehicular bodies are mirrored in the curves of the sculpture, and the mirror-polished stainless steel finish is reminiscent of one of the most common details on cars: chrome.

The artist works primarily with mirror-polished stainless because of the visual variety it offers. As natural light changes, as the colors of the seasons change, even as people’s fashion changes, all these permutations are literally reflected in the work: the art is never quite the same from moment to moment. The curvaceous facets of the sculptural surfaces pull apart our visual surroundings, distort and reorder them in unexpected ways, creating a new interpretation of the world we usually tune out and take for granted. It is his intention with his artwork to turn us in back.

The installation is a public-private partnership between the City and Palmdale Mall. The Palmdale Auto Mall will be responsible for maintaining the sculpture and the roundabout.

Palmdale Gets Four New Murals

Previously known as POWWOW Antelope Valley, Antelope Valley Walls returned for its fourth installment bringing local and international talent together to adorn the community with vibrant murals. The new murals accompany murals painted in Lancaster in 2016, 2018, and 2020, adding 16 new murals for the Antelope Valley community. Founded in 2010 in Hawaii, this project and event are a part of a larger global event whose mission is to celebrate music, culture, and art.

Palmdale’s murals were installed in September at Desert Sands and Manzanita Heights parks, Marie Kerr Recreation Center, and the upcoming Palmdale Film Stages.

Sean Banister
A New Digital Connection
Desert Sands Park
5917 3rd St. East

Kim Siebeck
Desert Bloom
Marie Kerr Recreation Center
2723 A W. Rancho Vista Blvd.

Christopher Minsal
Hummingbirds and Desert Flowers
Palmdale Film Stages
3848 Sierra Hwy.

Four New Murals

Click on the entries for these murals to access the official mural map of Antelope Valley Walls, which includes the locations of all 57 murals.

CITY SERVICES DIRECTORY

PUBLIC ART

For information, please call 661/267-5611.

public art

Walk on Words Poetry Contest

This year’s annual Walk on Words Poetry Contest theme is Sister Cities, celebrating the relationship of the Association of Sister Cities in Palmdale with Poncitlán since 1974. The Sister City Program was initiated by President Eisenhower in 1956 to build one-on-one community relations with cities in other countries so that people could cross national boundaries, get to know each other personally, and form mutual respect and understanding of other cultures.

Palmdale’s Sister City, Poncitlán, in Jalisco, Mexico, has a proud heritage and is known for its mariachi music, tequila production from the blue agave plant, and beautiful Lake Chapala. The two groups alternate visitation years, sharing culture and experience that bonds the groups alternate visitation years, sharing culture and experience that bonds the two cities.

Sixty-one entries were received for last year’s contest with the theme Dogs in the Park. The poems were creative and playful in response to the theme, capturing the importance of our furry friends play in our lives. The winning poem by Linda Terry was stamped in concrete at the Yellen Dog Park.

Walk on Words is scheduled to coincide with National Poetry Month in April. This year’s submissions must be in Spanish. The winner will be notified by phone or email and announced at a public unveiling at Poncitlán Square at a date to be determined.

For information, please call 661/267-5601.
Embrace a Healthier Life

Struggling with excess weight after trying many diets and exercise routines? Palmdale Regional offers a range of weight-loss surgery options to help patients reach their goals.

“IT’S A COMPLETELY DIFFERENT LIFE.” Mary and Brien Siemantel turned to Palmdale Regional for gastric sleeve weight-loss procedures. Mary now weighs 135 pounds and is a Certified Personal Trainer. As for Brien, he lost 100 pounds and says it’s “absolutely amazing to feel so energized!”

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